

Minutes



INNER EAST HEALTH & WELLBEING SUB GROUP
DATE/TIME: 28th October 2013, 10am, Reginald Centre
CHAIR: Cllr Roger Harington

Present: Councillor Roger Harington (CRH), Liz Bailey (LB), Janet Smith (JS), Zaheda Noor (ZN), Andrew Birkbeck (AB)

Apologies: Councillor Ron Grahame, Cllr Vonnie Morgan, Louise Cresswell

ITEM DISCUSSED	ACTION
<p>1.00 <u>Minutes & matters arising</u></p> <p>1.1 The minutes were approved as an accurate record.</p> <p>1.2 <ul style="list-style-type: none"> • JS said that the council's Health & Safety team were distributing information packs to all known Shisha Bars in the city. CRH said that better links need to be made between licensing and the Health & Safety team when an application for Shisha bar is approved. • Liz said that efforts were being made to secure further funding for the niche tobacco project and if successful, this could be a key focus </p>	LB
<p>2.00 <u>Area Profiles</u></p> <p>2.1 LB distributed the Area Profile for Inner East explaining the data sets highlighted in the three page report.</p> <p>2.2 CRH asked if there were any trends relating to the Eastern European community in Gipton & Harehills. LB said that there was anecdotal reports of health issues relating to excessive drinking and smoking but nothing backed up by hard data.</p>	
<p>3.00 <u>Health Tracker</u></p> <p>3.1 LB, JS and ZN presented a matrix of projects that their team is currently involved in the Inner East area. Members had agreed that this should be a working document to be regularly added to and updated for the group's reference.</p> <p>3.2 The matrix is attached as an appendix to these minutes for ease of reference.</p>	LB, JS, ZN
<p>4.00 <u>Any Other Business (A.O.B)</u></p> <p>4.1 LB raised the issue of the Inner East Area Committee not having a Fuel</p>	AB

	Poverty Champion. AB said he would raise this with the Rory Barke, ENE Area Leader, and report back to the next meeting.	
5.00	<u>Time and Date of next Meeting</u>	
5.1	Monday 13 th January 2014 at 10am in the Reginald Centre (Small Meeting Room).	

Health and Wellbeing Health Activity Inner East Leeds as of 18 October 2013

Action	Who's involved	Current position	Next steps/outcome
<p>Childhood Obesity</p> <p>Rationale Priority within the H &WB Strategy</p> <p>Health and Wellbeing Team approached to develop joint Health/Children's Services project in Seacroft/Manston cluster</p>	<p>Alison Cater (PH Specialist Children's Directorate) Janet Smith</p> <p>Feel Good Factor Liz Bailey Janet Smith Joanne Buck Mark Smith Alison Cater</p>	<p>Harehills Project has been running for some time. Model rolled out to Richmond Hill.</p> <p>Frontline staff training delivered at the Moyes Centre in October</p>	<p>Using learning from/rolling out /adapting model to Seacroft Manston Cluster & other hotspots</p> <p>There is interest in additional future delivery.</p> <p>Considering follow up methods to ensure participants use training effectively</p>
<p>Reducing damage caused by smoking & tobacco use</p> <p>Rationale Priority within the H &WB Strategy</p>	<p>Liz Bailey Janet Smith Babul Hussein Safina Sher</p> <p>Liz Bailey Claire Billingham Sally Hoy Karen Umpleby</p> <p>Liz Bailey Karen Haw (SSS Service) Vicky Walker (Respiratory Team)</p> <p>Janet Smith Vicky Walker</p>	<p>Niche tobacco project Harehills (Shisha and chewing tobacco)</p> <p>Young People's Smoking behaviour questionnaire Inner East Leeds</p> <p>COPD screening questionnaire through stop smoking service (Bellbrooke Surgery)</p> <p>Referral and follow up</p>	<p>Going well good engagement and coverage</p> <p>Enforcement task group first meeting 23rd October</p> <p>Evaluation report nearing completion. Discussion at Tobacco Control Group for continuation funding.</p> <p>Draft report written up. Comparing findings against other YPs work before drawing up plans to address issues</p> <p>Patients have now been identified and picking up with respiratory team to assist with spirometry and appropriate support</p> <p>Frontline worker/volunteer</p>

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Ensure local workplaces are modelling non-smoking behaviour (ENE H &WB Partnership priority)	Harehills Healthy Living Group	to preventative services via community Lung Health events Stoptober event itself was quiet but awareness raising work done in schools around this. Evaluation meeting arranged to consider learning and how to take stop smoking work forward	training delivered, event delivery underway Oct/ Nov Joint Harehills and Chapeltown Health Group first meeting took place and was well attended. Health needs data revisited. New objectives and action plan to be developed with partners.
	Louise Cresswell Burmantofts Health Improvement Partnership / RH HWB Partnership	Develop activity to address the impact of smoking /secondhand smoke Health For All delivering Smoke Free Homes work in B and RH.	Developing action plan for 2013/14 Third sector agencies to support roll-out of stoptober campaign
	Feel Good Factor Zest Health for Life ELHFA Space 2 Louise Cresswell (contract mgr - LCC)	Third sector contracts include referral to stop smoking service	Review of Third Sector contracts for 2013/14 underway. To include effectiveness of current referrals
	Liz Bailey	LCC Smokefree Workplace Policy(includes ENE workplaces & local staff) updated	Amendments suggested by unions done and expected to be signed off during October
Diabetes awareness raising & prevention Rationale Harehills identified as prevalence hot spot by JSNA	Liz Bailey Corrina Lawrence £6,000 one off Public Health funds for Feel Good Factor to develop	487 people provided with diabetes related information over 1 year in Harehills and Chapeltown MSOAs	Follow on work now responding to request for targeted information for South Asian/African/Carribbean groups around healthy traditional diets. Work now underway
Reducing Harm of alcohol use	Liz Bailey Becky Malby (Leeds Uni) Service	Co-producing health group working with service users to design	Successful community event held in Seacroft 11 th July 2013. Community ideas fed

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<p>Rationale Priority within the H &WB Strategy</p>	<p>users</p> <p>Liz Bailey</p> <p>Liz Bailey Rory Barke</p> <p>Liz Bailey Louise Cresswell</p> <p>Louise Cresswell</p>	<p>and commission services in LS14</p> <p>Delivery of ENE wide multi -agency alcohol harm reduction plan</p> <p>Discussions held with Public Health England re support available to help set up Local Alcohol Action Areas</p> <p>Arranging training to enable non health professionals e.g. social workers, to use Audit C screening to identify and signpost those with alcohol issues</p> <p>Burmantofts / RH Alcohol sub group established. Action focussed group. Meetings held monthly.</p> <p>ELHFA leading alcohol peer support project in the Burmantofts area</p>	<p>into refreshed Drug & Alcohol Strategy. Community space for wellbeing activities being negotiated at Oakwood Lane Health centre</p> <p>Preparing draft outline/bid of an ENE LAAA ready for expressions of interest being released by Home Office</p> <p>Have met with training provider. To deliver training in January 2013</p> <p>Local area alcohol action plan developed. Share of 3K locality monies for alcohol work allocated.</p> <p>To produce brief mapping document of Alcohol projects and support services in B/RH</p> <p>Health events to be held in Ebor Gdns and Burmantofts in Nov / Dec to incorporate Alcohol element</p> <p>To provide support to further develop peer support project. Very positive outcomes being achieved in terms of engagement, behaviour change and supporting service users into mainstream support</p>
<p>Rationale Help mitigate potential negative impact of Welfare Reforms</p>	<p>Zaheda Noor</p>	<p>Video clip developed to raise awareness around illegal money lending and support services available. This was played on life channel screens in health centres/GP clinics in East Leeds – Jun 2013</p>	<p>Illegal money lending clip to be disseminated to wider settings. Link to video clip has been included in the internal children centre bulletin. Currently showing on TV screen at Reginald Centre and a link has been included on Unity Housing</p>

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Welfare Reforms	<p>Zaheda Noor, Tina Leslie, Jean Ruddock -LCC Employment and Skills</p> <p>Louise Cresswell FGF Sharon Hughes</p>	<p>Development of Money skills / budgeting resource developed</p> <p>FGF funded by PH and Area Committee to support and engage most vulnerable and hard to reach residents in East Leeds around the Welfare Reforms.</p> <p>Contribute to relevant local partnerships eg East Leeds Debt Forum, East Leeds Welfare Reforms Project Group</p>	<p>website.</p> <p>Recommendations from voluntary agency received and included in the resource. Resource with LCC Communications.</p> <p>Approach Legal to advise regarding content.</p> <p>Launch and roll out</p> <p>Commissioned until June 2014</p>
<p>Mental Health/Suicide Prevention</p> <p>Rationale Suicide Audit & Councillor/local concerns</p>	<p>Cllr Ron Grahame Liz Bailey Sylvia Landells (ASC)</p>	<p>One meeting already held. Request for HIM input.</p> <p>Second meeting not yet held</p> <p>Mental health/suicide prevention training opportunities circulated</p>	<p>Community Sub group of citywide Suicide Group has identified key actions, which will be relevant</p> <p>5K now allocated to mental health promotion. Increase number of key workers and community members trained to identify/signpost/support those at risk of suicide</p> <p>(Awaiting a breakdown to assess number of ENE applicants for training)</p>
Lifestyle and wider determinants health check for private sector tenants	<p>Liz Bailey Housing Providers Gemma Mann Health Trainers</p>	<p>Project plan discussed. Further discussions with HTs and Housing</p>	<p>Identify and support at risk tenants and assist early intervention. Link to Health</p>

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<p>Rationale Targets vulnerable families and offers support on a number of health/welfare issues</p> <p>Tackle 'people centred' issues alongside structural improvements to housing in Cross Green</p>	<p>Dawn Bailey Liz Bailey Sarah May</p>	<p>arranged</p> <p>Workshop of key officers in September</p>	<p>Trainers, Leeds Let's Change, Financial Inclusion and mental health/suicide audit</p> <p>Met with Connect Housing Rep with a view to identifying vulnerable individuals/families. Also work to be done on 'why tenancies fail'</p> <p>Develop and deliver work around sustainable communities in Cross Green</p> <p>Draft plan now being drawn up</p>
<p>Deliver 'Health is Everyone's Business' training</p> <p>Rationale Priority for ENE ALT</p>	<p>Louise Cresswell Zaheda Noor</p>	<p>Paper/project plan presented to ALT. Training to be rolled out to frontline staff in the B/RH area. Session also arranged for Housing workers involved in Nowells Neighbourhood Approach work – Nov 2013</p>	<p>Ensure non health staff are delivering targeted health promotion messages to vulnerable people</p>
<p>Long Term conditions management</p> <p>Rationale Linked to priority within the H &WB Strategy</p>	<p>Liz Bailey Janet Smith Vicky Walker LCHCS(Respiratory Team)</p>	<p>Support Breathe COPD management group including inhaler technique initiatives (Seacroft)</p> <p>Contribute towards 'Know it Check it Treat It'</p>	<p>DVD now being developed £5,000 secured to finalise DVD after which campaign is being planned (Autumn 2013)</p> <p>Campaign completed & evaluated 2012 Planning similar for 2013 Leading on 2013 campaign, training for 3rd sector roll out delivered, events being delivered in October and November</p>
<p>Reducing isolation and increase access to services for older people living in Harehills</p>	<p>Harehills Healthy Living Group SENs Project Janet Smith</p>	<p>SENs project providing funding for a publication detailing older people's activities and services to distribute throughout</p>	<p>Launch event completed, directories have been distributed and feedback from agencies has been very positive about their usefulness</p>

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<p>Rationale Identified local need</p>		Harehills.	
<p>Increase levels of physical activity in those with or at risk of long term health conditions</p> <p>Rationale Linked to priority within the H &WB Strategy</p>	<p>Janet Smith Hamara ECHO Centre Zest Health for Life</p>	<p>Third Sector commissioned to support Walking for Health groups which meet weekly for short local walks in Harehills and the city centre</p> <p>Action in service plan around increasing cycling and promoting Leeds Let's get Active</p>	
<p>Establish Seacroft Health Improvement Group in Seacroft</p> <p>Rationale Build capacity of partners to deliver Health and Wellbeing priorities</p>	<p>Janet Smith Space 2 Seacroft Health Improvement Group</p>	<p>First meeting held April. Initial priority to focus on children's obesity. Mapping exercise carried out at the second meeting to investigate assets and links in the community to inform Health Needs Assessment</p>	<p>Initial plans are being made around future actions for: Oral Health Mental Health Physical Activity Smoking Reduction</p> <p>Further planning and delivery of projects to be carried out Project outline approved at CLT for additional delivery of cooking courses in Seacroft, linking in with citywide strategy for Cook 4 Life and the Ministry of Food. 50% funding agreed by PH, awaiting decision on match from wellbeing</p>
<p>Establish Gipton Health Improvement Group in Gipton</p> <p>Rationale Build capacity of partnerships to deliver Health and Wellbeing priorities</p>	<p>Janet Smith Space 2 Gipton Health Improvement Group</p>	<p>2 meetings have been held, initial priorities agreed around obesity, oral health, smoking reduction, physical activity, cancers, mental health</p>	<p>Map current provision, identify scope for future actions, plan and deliver projects</p>
<p>Increasing Early detection of lung cancer</p> <p>Rationale Linked to priority within HWB strategy</p> <p>High prevalence of lung cancer in deprived</p>	<p>Louise Cresswell (contract Manager) Feel Good Factor</p>	<p>FGF commissioned to raise awareness around the signs and symptoms of lung cancer and to support people from target communities in inner east Leeds to access the self-referral chest x ray clinics</p>	<p>Intended outcome – Increased early detection of lung cancer</p> <p>Will make enquiries as to whether update report available & will distribute</p>

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communities – Inner East Leeds			
<p>Lead and drive forward development of local HWB activity in B/RH through partnership working</p> <p>Rationale Build capacity of partnerships to deliver Health and Wellbeing priorities</p>	<p>Louise Cresswell Burmantofts Health Improvement partnership Richmond Hill Health and Well-being Partnership</p>	<p>Regular meetings held Action plan 2013-14 developed</p>	